# Unit 4 Interpersonal communication 3年8考

(人际沟通)

### 单元写作

### Section B 3b P32 改编

Write a letter to the magazine to express your opinions on after-school classes for children. Use the following expressions to help you. 给杂志社写一封信,发表你关于孩子们上课外辅导班的看法。用下面的表达来帮助你。

### Try to write two paragraphs.

First, say if you agree or disagree.

Dear...,

I don't really agree with ... because ...

Then, explain why.

In my opinion, it is important
for children/parents to ...

I believe it is better if
children/parents ... so that

### 1 审题指导

①主题:人际沟通

②文体:应用文(书信)

③人称:第三人称为主

④时态:一般现在时为主

⑤要点:自己是否同意该行 为及理由

⑥立意:引导学生掌握恰当 的沟通技巧,与父母、朋友 以及其他社会人员之间建 立和谐的人际关系

### 1 写作框架

#### 拓思维

### 写成句

Recently, many parents+...(做法). I really agree/disagree with ..., and the reasons are as follows.

开头: 引入话题, 表明观点

具体阐述支

现状阐释: take after-school classes参加课外班

学业方面: broaden one's horizons开阔眼界, enrich one's knowledge丰富知识, get into a good high school进入一所好高中

Many of them are learning exam skills so that they can ...

赞成

个人成长: benefit from these classes从这些课程中获益, have more opportunities to do sth. 有更多的机会去做某事

I believe that these activities are important for children's future.

撐自己的观 点

学业方面: cut down one's interest削弱某人的兴趣, a lack of enthusiasm for learning对学习缺乏热情, a negative attitude towards learning消极的学习态度

As is known to all, interest is the best teacher. If ..., they may ...

don't agree 不赞成

agree

个人成长: place too much pressure on students 给学生们太多压力, a feeling of anxiety/ tiredness焦虑/疲惫感, have no time to do one's own things没有时间做自己的事情 Although it's normal that ..., it's more important to ...

结尾: 总结全文, 重申观点

To sum up/All in all, +自己的观点, 升华主题

### 课外补习之我见

张泰格 江西师范大学附属中学

Dear editor,

I don't really agree with pushing children into after-school classes, and the reasons are as follows.

As is known to all, interest is the best teacher. In fact, some classes may place too much pressure on students, which can make them lose interest in learning and even cause the feeling of tiredness. What's more, learning is a lifelong journey. If children are under stress in their classes for a long time, they may be upset and unhappy. Additionally, although it's normal that many parents have high expectations for their children, it's more important for children to feel fulfilled and happy throughout their path of learning.

To sum up, kids should have time to relax and think for themselves.

Yours,

Max



#### 亮点赏析

- 巧用谚语直接点明作者认 为兴趣是最好的老师,作为强 有力的开场理由来阐释观点;
- 图 用 If 引导的条件状语从句加深压力对学习态度影响的认识,句子逻辑清晰,说服力强;

### 👊 巧用教材句子

图 Kids should have time to relax and think for themselves, too. [Section B 2b],总结自己的看法,突出中心主题。

### / 名师点评

本文脉络清晰、论据充分、句式丰富。具体体现在以下几方面:首段开门见山:不赞成家长给孩子报各种辅导班;运用恰当的衔接词、非限定性定语从句、让步状语从句等详细阐述课外辅导班对孩子们身心方面的影响,极具说服力;结尾段落做到了首尾呼应,再次表明自己的看法。运用了较多考纲外的词汇,如 tiredness 和 fulfilled,让语言表达更加生动、地道。

指导老师:徐小田 江西师范大学附属中学,中学英语一级教师

学 语料积累: ①agree with ②place too much pressure on sb. ③have high expectations 参考译文

#### 亲爱的编辑:

我对强迫孩子们参加补习班的做法持反对态度。我的理由如下。

众所周知,兴趣是最好的老师。事实上,一些课程可能会给学生施以过度的压力,这可能会让他们失去对学习的兴趣,甚至可能引发疲惫感。更重要的是,学习是一场终身旅程。如果孩子们长时间在课程中不断感受到压力,他们可能会变得失落、不开心。此外,尽管许多家长对孩子抱有很高的期望是正常的,但更为重要的是让这些孩子在学习历程中感到满足和快乐。

综上所述,孩子们应该有时间去放松和思考自己的事情。

学生, 马克斯

### 单元写作变式

### **|** 考情概览

全国近3年中考真题中,本单元话题"Interpersonal communication(人际沟通)"主要有以下考向:

考查方向	试题内容	命题形式	文体	
针对朋友的困扰给出建议	[2023 黄冈、孝感、咸宁]学校将举行一场经验交流会,请你根据要点和要求用英语写一篇发言稿,分享自己或朋友曾遇到的问题和解决建议。	要点提示 (中文)	应用文 (发言稿)	
	[2022 <b>滨州</b> ] 假定你是李华, 最近你的笔友刘明发来邮件, 向你诉说他的困扰: 他的父母不让他用手机 APP 给英文电影配音, 认为会影响学习和休息。请你根据邮件内容用英语给他回封邮件。	英文邮件	应用文(邮件)	
针对自身的烦 恼向他人求助	[2023 无锡] 假设你是李华, 最近也遇上了些烦心事, 请给 Teens Talk 专栏发一封英文邮件, 讲述你的烦恼并寻求建议。	要点提示 (中文)	应用文(邮件)	
人际交往方面的建议	[2022 常州]某中学生英文报 Your Voice 栏目中有如下征文通知(随大流交朋友是否明智以及青少年如何交到真正的朋友),请你写篇英语文章投稿,谈谈你的想法。	征文通知 (英文)	说明文	
	[2022 <b>自贡</b> ] 假定你是李华。你的英国朋友 Mike 来信说他在人际交往方面感到迷茫,希望得到你的帮助。请写一封回信。	要点提示 (中文)	应用文 (书信)	
团队合作的经历及感受	[2024成都]你校英语报就"团队合作"这一话题征稿。 请根据以下图示(重要性、方式及结局),以"Be a Good Team Member"为题投稿。	图画形式		
	[2023 重庆 B 卷] 你校校刊英语专栏以"团队协作"为话题发起征文,请你讲述自己团队协作的经历,分享其中令你最受益的品质及你的感悟。	思维导图 (英文)	记叙文	
	[2022襄阳]请结合你的特长或爱好,根据要点提示,用英语写一篇短文,谈谈你与同伴共同参与、合作完成的一次活动。	要点提示 (中文)		

### ➡ 写法总结:

在完成本单元话题写作时,若是向对方寻求帮助,首先要向对方倾诉自身的烦恼,接着描述 自己的感受并寻求针对性的建议,最后表达自己的期望或向对方致谢;若是就人际沟通给他人提 建议,则需要点明文章的主题:人际沟通的重要性,随后围绕对方的困扰给出合理的建议,最后需 要表达自己期望这些建议能够有效。此类话题可参考以下写作模板:

高频话题写作模板					
做法建议——人际交往的方法					
Dear XXX,					
I'm sorry to hear that you have difficulty in(人际沟通方面的具体的问题). I'm writing to					
offer some advice. /I'd like to share my ideas, and the reasons are as follows.					
To begin with, it's necessary for you to calm down and have a face-to-face communication with					
(具体人物). If you(具体做法), you will better understand each other.					
Besides, you'd better(建议). In this way, you can(达成的效果).					
Additionally, you're supposed to(建议). If you(做法), you will(收					
获). Just as the saying goes,					
I hope my advice can be helpful.					
Yours,					
XXX					

### 变式题 1/针对朋友的困扰给出建议

对接教材:Section A:就青少年在人际交往方面遇到的问题提出建议

文中考新方向 情境真实化 **万吨原创** 你的笔友 John 发来 邮件向你倾诉他在新学校遇到的问题。假定你是李华,请阅读以 下邮件并回复。

### From: John To: Li Hua Subject: Friendship Dear Li Hua,

Is everything going well with you? I argued with my friend vesterday because she borrowed a book from me, but she lost it. I knew she didn't mean to do it, but the book was my birthday gift from my mother. What should I do? Would you please give me some advice? John

### 1 审题指导

- ①主题:就朋友面临的困扰 提出建议
- ②文体:应用文(邮件)
- ③人称:第二人称为主
- ④时态:一般现在时为主
- ⑤要点:就如何与朋友和好 提建议
- ⑥目标读者:笔友 John
- ⑦立意:引导学生掌握人际 交往的技巧,维系和谐的人 际关系

	不少于 80(开头和结尾已给出,不计人总词数) 当增加细节,以使行文连贯。	<b>;</b>	
Yours, Li Hua 写作高分技 情境真实化(	法 人际交往的建议):		名师技法视频课:
①写前审清方 ②写中句型多	向:把握提建议的方向,明确抓住某个或几个方向给一样:提建议时,要注意使用多种句型,让整体语言丰富点:结尾表达自己的观点,树立在人际交往方面的积	,不显枯燥;	情境美術 画
1 写作框	架		
	拓思维	写成句	
开头: 引入话题, 提出建议	引入话题: argue with a friend about 因而与一位朋友发生争执-提出建议: offer sb. some advice/share some suggestions with sb./provide sb. with some guidance为某人提供一些建议/指导	I'm sorry to hear that	I'd like to
	情绪管理:calm down冷静下来,deal with the situation with a clear mind以清醒的头脑处理情况,don't talk with anger不要带着怒气交谈	Firstly, try to and you easier to	will find it

正文: 提出建议 并阐述理 由

#### 有效沟通:

a face-to-face conversation面对面交流,listen to others' ideas carefully认真倾听他人的想法,be of great benefit是有益的,explain the importance of ... 解释······的重要性,express one's opinions patiently耐心地表达观点,make an effort to do sth. 尽力做某事

Furthermore, ... can be of great benefit. In this way, you can ... and consider if ...

#### 人际关系:

feel upset感到沮丧, learn to accept others' mistakes 学会接纳他人的过失, think about one's own mistakes思考自己的错误, change one's way of communication改变沟通方式

Lastly, it's natural to ..., but ... is important too because ...

结尾: 表达期待 祝愿: be helpful to sb.对某人有帮助, get back to ....重回……, as close as before和以前一样亲密

I hope my advice will be helpful to you. May you ...

### 与朋友和好的建议

赵卓轩 浙江省杭州市建兰中学

### Dear John,

I'm sorry to hear that you had an argument with your friend about the loss of a gift that has a unique meaning for you. I'd like to offer you some advice.

Firstly, try to calm down, and you will find it easier to deal with the situation with a clear mind. Furthermore, why don't you talk about your feelings with your friend? It can be of great benefit. In this way, you can explain how special the gift is and consider if your friend can make an effort to find it. Lastly, it's natural to feel upset about the event, but learning to accept others' mistakes is also important because friendship is love and understanding.

I hope my advice will be helpful to you.

Yours,

Li Hua

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#### - 亮点赏析

■ 用 that 引导的定语从句描述礼物, 凸显礼物的特殊意义,语意紧凑;

### (Ⅲ) 巧用教材句子

- Why don't you talk about these feelings with your family? [Section A 3a], Why don't ... 句型提出建议,句式简单,情感强烈;
- 图用 because 引导的原因状语从句展现出作者的同理心并说明了友谊的本质,传递出深刻的人际关系智慧。

### 名师点评

本文主题明确、结构清晰、逻辑连贯、用词准确。文章开篇简述问题情境,自然引出下文的建议。正文阐述了三条建议,使用"Firstly""Furthermore""Lastly"等词进行衔接,层次分明,过渡自然。且这三个方面涵盖了处理冲突时必要的心理调节、有效沟通以及建立包容的心态,内容全面。结尾段表达自己的期待和祝愿,符合人际交往中语言的得体性。

指导老师:胡庭 浙江省杭州市建兰中学,中学英语一级教师

(字 语料积累: Thave an argument with sb. 2 deal with 3 make an effort to do sth.

### 参考译文

### 亲爱的约翰:

听说你与朋友因为一件对你具有特殊意义的礼物的丢失而发生争执,我对此感到遗憾。我 想给你提供一些建议。

首先,尝试冷静下来,你会发现以清醒的头脑处理这个情况会更容易。此外,为什么不和你的朋友倾诉你的感受呢?这会有很大益处。通过这种方式,你可以解释这件礼物有多么特别,并考虑你的朋友是否能尽力找回它。最后,对这次事件感到难过是人之常情,但学会接纳他人的过失也同样重要,因为友情就是爱和理解。

我希望我的建议对你有所帮助。

你的朋友,

### 变式题 2 针对自身的烦恼向他人求助

对接教材:Section A:就青少年在人际交往方面遇到的问题提出建议

**乙醛原创** 成长过程中,总会有各种各样的烦恼,校英文报开设了 Dialogue with Teenagers 专栏,倾听青少年的心声,帮助青少年解决烦恼。假设你是李平,最近遇到了一些烦恼,请给该专栏发一封英文邮件,向其倾诉你的烦恼并寻求建议。

### 注意事项:

- (1)邮件内容须自拟,要求语句通顺、意思连贯、符合题意;
- (2) 词数: 100 左右, 邮件的开头与结尾已给出, 不计入总词数;
- (3)邮件中不得使用真实的个人姓名、学校名称。

Dear friends,

I'm really annoyed about my present situation.

### 1 审题指导

- ①主题:倾诉自身烦恼并寻 求建议
- ②文体:应用文(邮件)
- ③人称:第一人称
- ④时态:一般现在时
- ⑤要点:自己的烦恼是什么 以及希望对方给予建议
- ⑥立意:引导学生学会主动 向他人倾诉内心的烦恼,寻 求解决问题的正确方式

Li Ping

### 品 写作框架

拓思维

写成句

开头: 简述现状及 写信目的 简述现状: I'm really annoyed about my present situation.(已给出)

写信目的: offer some advice to sb./ provide sb. with some advice给某人提供一些建议, ask for one's help寻求某人的帮助

I hope that you can .../ I'm writing to ...

烦恼:

disturb one's personal life干扰某人的个人生活,criticize one's behavior批评某人的行为,look through one's diary浏览某人的日记,check one's phone without permission未经允许查看某人的手机,make decisions for sb.为某人做决定,can't understand one's ideas不理解某人的想法,don't know how to get on well with sb.不知道如何与某人和睦相处,fail in exams考试失利

Lately, I feel ... because ..., such as ... It makes me feel like ... As a result, I am gradually unwilling to ... However,... /There are lots of problems, like ... All these make me feel ... But ...

正文: 倾诉自身烦 恼及自己的 感受

感受:

feel upset感到沮丧, can't keep one's secret不能保守秘密, feel stressed感到压力, A dark cloud hangs over one's head.一块乌云笼罩在某人的头上。be unwilling to accept one's opinions不愿意接受某人的意见

结尾: 期待回复 请求帮助: What should I do now?/Could you give me some suggestions?

期待回复: I'm looking forward to your reply.

### 成长的烦恼

### 马子竣 北京市第二中学

### Dear friends,

I'm really annoyed about my present situation. I hope that you can help me.

Lately, I feel upset about my parents' behavior because they disturb my personal life, such as looking through my diary and checking my phone without permission. I have tried to talk to them about it, but they don't seem to understand my feelings. This has caused me to be increasingly unwilling to accept their opinions. However, when I actually faced problems, I found it hard to solve them on my own. I realized that my parents' involvement in my life was not all bad. Now, I feel like there's a dark cloud hanging over my head and I don't know how to get on well with my parents.

What should I do to improve the relationship with my parents? I'm looking forward to your reply.

### Li Ping



- II 用 such as 列出父母干涉 个人生活的具体行为,内容丰富,条理分明:
- ② 用 when 引导的时间状语 从句来表达对父母的行为的 不满转向自我认知的深化,内 容连贯;
- ❸ 使用疑问句和不定式作目的状语表达了作者的困惑和诉求。

#### / 名师点评

本文内容全面、过渡流畅、语言形象生动。首先,信件的段落间衔接自然,逻辑清晰。从个人情绪的表达,过渡到问题的具体阐述,再到个人独自面对挑战的体验,最后寻求建议,每个部分环环相扣,形成一个完整的思维链条。其次,语言生动且富有感染力,如"... there's a dark cloud ..."有效地传达了作者的情绪。文章主题贴近生活,具有普遍性,容易引起读者的共鸣。指导老师:宋明和 北京市第二中学,中学英语高级教师

(学 语料积累:①be annoyed at/about sth. ②look through ③without permission ④be unwilling to do sth.

### ₩ 参考译文

#### 亲爱的朋友们:

我对自己目前的状况感到非常苦恼。希望能得到你们的帮助。

最近,我对父母的行为感到很沮丧,因为他们干涉我的个人生活,比如未经允许,浏览我的日记和检查我的手机。我尝试过和他们沟通此事,但是他们似乎并不能理解我的感受。这导致我渐渐不愿意接受他们的意见。然而,当我真正遇到问题时,我发现自己很难独自解决这些问题。我意识到父母对我的生活的干涉并不完全是坏事。现在,我觉得好像有一块乌云笼罩在头顶,而且我不知道如何与父母和睦相处。

我应该做些什么来改善与父母之间的关系呢? 我期待你的回复。

李平

### 变式题 3 人际交往方面的建议

对接教材:Section A:指出人际交往中的注意事项,就促进人际交往提出合理的建议

V中考新方向 情境真实化 **万峰原创** 学校英文报 Your Voice 栏目中有如下征文通知,请你根据征文通知里的内容写篇英语文章投稿,谈谈你的想法。

A true friend reaches for your hand and touches your heart. However, it seems difficult for teenagers to make true friends. Some of them make friends with people who do the same as them, although they're not willing to do these things.

Share your ideas about the topic.

- 1. Is it right to make friends with those similar to you?
- 2. How can teenagers make true friends?

Support your ideas with your own experience.

- 注意:1. 文中不得出现你的真实姓名和学校名称;
  - 2. 词数 100 左右,文章的开头已为你写好,不计人总词数。

I want to share my ideas about the topic.

### ☑ 审题指导

- ①主题:交友建议
- ②文体:说明文
- ③人称:第一人称为主
- ④时态: 一般现在时、一般过去时
- ⑤要点:是否有必要和与自己相似的人交朋友(表明自己的观点)、如何交到真正的朋友并用自身经历支撑观点
- ⑥立意:引导学生辩证地认识人际交往的意义,培养正确的人际交往观念

### **居** 写作框架

#### 拓思维

表达看法: Making friends only with those who are similar to us is not necessary.没必要只和那些与自己相似的人交朋友。Everyone is an individual with their own interests and personalities.每个人都是有自己独特兴趣和个性的个体。

#### 写成句

I want to share my ideas about the topic ...

止叉 阐述自身经 历并说明如 何交到真正 的朋友 自身经历: choose different clubs选择不同的社团, argue with friends和朋友们争吵, share one's worries with friends问朋友倾诉忧虑, There are no two identical leaves in the world.世界上没有两片完全相同的叶子。

如何建立友谊: should not try to change oneself just to fit in with others不应为了迎合他人而试图改变自己, be true to oneself忠于自我, stay open to new experiences保持对新事物的开放态度, develop deeper connections with others和他人建立起更为深厚的联系

From my own experience, I used to be afraid that ... To my surprise, when ..., my friend told me that ...

Gradually, I came to realize that we should not ... Instead, ... while ... can help ...

结尾: 总结全文, 升华主题 重申观点: be built on trust, respect, and shared understanding建立在信任、尊重和相互理解之上, accept differences接纳差异, contribute to the true value of friendship赋予友谊真正的价值

True friendship is built on ... Therefore, it is ... that contributes to ...

### 接受差异,正确交友

能艺涵 湖南省长沙麓山国际实验学校

I want to share my ideas about the topic. It is unnecessary to make friends only with those who are similar to us, for everyone is an individual with their own interests and personalities.

From my personal experience, I used to be afraid that choosing a different club with my friends would cause me to argue with them or even lose them. To my surprise, when I shared my worries with one of my friends, she told me that there are no two identical leaves in the world. Gradually, I came to realize that we should not try to change ourselves just to fit in with others. Instead, being true to ourselves while staying open to new experiences can help develop deeper connections with others.

True friendship is built on trust, respect, and shared understanding. Therefore, accepting our differences is what contributes to the value of true friendship.



- 使用 for 引导的原因状语 从句体现了作者关于交友的 独特见解,逻辑清晰:
- 2 使用宾语从句表达人与人 之间各有特点的道理,寓意 深刻;
- 圆 使用动名词短语作主语, what 引导的表语从句说明 "接受差异"的重要性,深化 主题。

### 名师点评

本文叙述了自己曾经的交友经历,内容饱满,过渡流畅,逻辑严密。开篇直接切入主题, 提出自己在交友方面的观点,正文从作者的担忧开始,自然过渡至朋友给予的建议,然后引 申至作者的感悟。这种叙事方式顺畅自然,使得文章内容层层递进,紧凑有序。尾段总结全 文,深化了对友谊本质的认识,首尾呼应。文中使用了"individual" "identical"等考纲外的词 汇,语言表达更加精准。

指导老师: 熊毅 湖南省长沙麓山国际实验学校

(字语料积累: ①be similar to ②used to be ③come to realize ④fit in with ⑤contribute to 参考译文

我想就这个话题分享一下我的见解。没有必要只和那些与我们相似的人交朋友,因为每个 人都是有自己的兴趣和个性的个体。

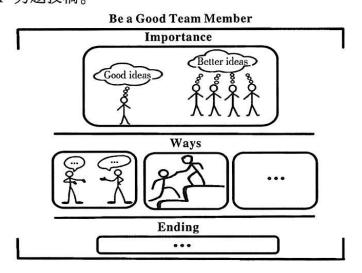
在我个人的经历中,我曾经担心选择和朋友们不同的社团活动会导致我和朋友们产生分歧, 甚至失去他们。出乎意料的是,当我向一位朋友分享我的担忧时,她告诉我"世界上没有两片完 全相同的叶子"。渐渐地,我意识到我们不应为了迎合他人而试图改变自己。相反,忠于自我且 保持对新事物的开放态度,反而能帮助我们和他人建立起更为深厚的联系。

真正的友谊建立在信任、尊重和相互理解之上。因此,接受我们的差异才是真正友谊的价值 所在。

### 变式题 4 团队合作的经历及感受

对接教材:Section A:根据人际交往的经历提供正确的方法,并恰当地表达自己的感受

②中考新方向 图画作文 (2024 成都) 你校英文报就"团队合作"这一话题征稿。请根据以下图示,以"Be a Good Team Member"为题投稿。



注意:1. 词数 80 左右;

2. 文中不能出现真实姓名及学校名称。

### 1 审题指导

①主题:团队合作的重要性 和方法

②文体:说明文

③人称:第二、三人称为主

④时态:一般现在时为主

⑤要点:介绍团队合作的重要性、方法(积极交流、帮助他人以及其他方面)并发表自己的看法

⑥立意:引导学生积极与他 人团结协作,培养团队精神

### **强** 写作框架

#### 拓思维

#### 写成句

开头: 介绍团队 合作的重 要性 |引入话题: Many hands make light work./When everybody adds firewood, the flames will rise high. 众人拾柴火焰高。

重要性: one person一个人→have good ideas有好的想法, a group一个团队→come up with better ideas提出更好的想法

As the saying goes, ... While one person may ..., a group can ... Here are some tips for you.

#### 方法:

actively talk with other group members积极与团队成员交流,lend a helping hand伸出援手,maintain a positive attitude during group meetings在团队会议中保持积极态度,listen to others carefully认真倾听他人,trust the teammates信任队友

Firstly, you'd better ... because ... Secondly, lend a helping hand when ... In this way, ... What's more, you should, ... which makes it easier for you to ...

#### 影响

make relationships stronger让关系更牢固,in return作为回报,make it easier for others to appreciate and consider one's ideas让他人更容易理解并考虑某人的想法,help sb. know more about teammates帮助某人更多地了解队友……

结尾: 总结全文 总结:All in all, teamwork plays an important role in our daily life. I hope you can find these suggestions useful.

### 做一个优秀的团队成员

郑涵睿 四川省成都市第七中学

#### Be a Good Team Member

As the saying goes, "Many hands make light work." While one person may have good ideas, a group can come up with better ones. So how can you be a good member in a class or a social group? Here are some tips for you.

Firstly, actively communicate with other group members because research shows that communication can make relationships stronger. Secondly, lend a helping hand when people in the group need help. In this way, they are likely to help in return when you are in need. What's more, you should maintain a positive attitude during group meetings, which makes it easier for others to appreciate and consider your ideas.

All in all, teamwork plays an important role in our daily life. I hope you can find these suggestions useful.



- 11 用谚语开篇,自然过渡到团队合作的优势,引出下文的建议;
- ☑ 用 because 引导的原因状语从句,强化了主动与团队成员交流的必要性,提升了论述的说服力;
- 图 用 which 引导的非限制性 定语从句,从逻辑上紧密关联 了积极态度与团队内部意见 采纳的正向关系,行文流畅。

### /名师点评

本篇文章从多个方面阐述了如何成为一个好的团队成员,结构清晰,层次分明。首先,文章开头引用谚语"众人拾柴火焰高",一语点出团队合作的重要性,突出文章主题。其次,本文逻辑性强,通过分点列举各个方法,同时使用如"Firstly""Secondly""What's more"使得文章条理清晰。语言上,简明扼要,句型多样,使用原因状语从句、宾语从句和非限制性定语从句等增强了句子的可读性。

指导老师: 熊梓延 四川省成都市第七中学, 中学英语二级教师

伊 语料积累:①come up with ②lend a helping hand ③be likely to do sth.

4 maintain a positive attitude

### 参考译文

### 做一个优秀的团队成员

常言道,"众人拾柴火焰高。"一个人或许能有好主意,但团队协作能激发出更好的想法。那么,如何在班级或社交团体中成为一名出色的成员呢?下面是一些建议供你参考。

首先,积极与其他团队成员交流,因为有研究显示沟通能够让人际关系更牢固。其次,当团队中有人需要帮助时,伸出援手。这样在你需要帮助时,他们也会乐于回报。此外,在团队会议中保持积极态度,这能让他人更容易理解并考虑你的想法。

总而言之,团队合作在我们的日常生活中扮演着至关重要的角色。希望这些建议能对你有所帮助。